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current myths and misperceptions about psychedelics, and presents findings from both long-neglected and recent clinical studies, research experiments, and surveys showing a surprising range of benefits from safe, supervised psychedelic use.

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benefits from safe, supervised
psychedelic use.” (Blogcritics.org,
October 2011)

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psychedelic voyages, including the benefits of having a guide and how to be a guide - Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving - Reveals how ul

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The Psychedelic Explorer's Guide is very heavily tied into a set of online resources - networks, articles, and blogs - provided by Fadiman and others. This is a really useful feature, because it allows the reader of the book (now four years old) to immediately access

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The psychedelic explorer's guide: safe, therapeutic, and ...

In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving

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(low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention.

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discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultra-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U ...

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Ultimate Guide to Microdosing

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